WIADCA COVID-19 RESOURCE GUIDE

COVID-19 PRECAUTIONARY MEASURES www1.nyc.gov/site/doh/covid/

Protect yourself and others around you by knowing the facts and taking appropriate precautions. Follow advice provided by your local public health agency.

To prevent the spread of COVID-19:

-Clean your hands often. Use soap and water, or an alcohol-based hand rub.

-Maintain a safe distance from anyone who is coughing or sneezing.

-Don't touch your eyes, nose or mouth.

-Cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze.

-Stay home if you feel unwell.

-If you have a fever, a cough, and difficulty breathing, seek medical attention. Call in advance.

-Follow the directions of your local health authority.

-Avoiding unneeded visits to medical facilities allows healthcare systems to operate more effectively, therefore protecting you and others.

BROOKLYN COVID-19 TESTING SITES -

ACUTE CARE ASSESSMENT & TESTING CENTERS

- Kings County, 451 Clarkson Avenue, Brooklyn, NY 11203
- Woodhull, 760 Broadway, Brooklyn, NY 11206
- Coney Island, 2601 Ocean Parkway, Brooklyn, NY 11235

DRIVE-THRU TESTING SITES

- Coney Island, 2601 Ocean Parkway, Brooklyn, NY 11235
- Kings County, 451 Clarkson Avenue, Brooklyn, NY 11203
- Sears Parking Lot, 2307 Beverley Rd., Brooklyn, NY 11225 Appt. only 1-888-364-3065

COMMUNITY-BASED HEALTH CENTERS

- <u>Gotham Health, Cumberland</u>, 100 North Portland Avenue, Brooklyn, NY 11205
- Gotham Health, East New York, 2094 Pitkin Avenue, Brooklyn, NY 11207

<u>BMS Family Health and Wellness Centers</u> is operating a BY APPOINTMENT ONLY testing at the BMS Main parking lot. Please call 888-364-3065 to make an appointment.

FOOD BANKS

- Invisible Hands: <u>Free deliveries for the most at-risk community members facing COVID-19.</u>
- Do you want to give or receive food? FoodBankNYC can help: <u>https://www.foodbanknyc.org/covid-19/</u> lists these foodbanks In 11213:
 - Church of God Seventh Day Pentecostal
 - St. Matthews's RC Church
 - Church of the Living God
 - Crown Heights Jewish Community Council
 - St. Augustine American Catholic Church
 - Bethany United Methodist Church—Tuesdays 12:30-2:30PM

In 11225

- Horeb SDA Community Services Gethsemane SDA Church
- Chance for Children
 Sanctified Church of God Inc.

In 11226

- More Grace Redemptive Center Inc.
- Gospel Tabernacle Church of Jesus Christ Inc.
- Calvary Pentecostal Church
- Holy Innocents
 Flatbush SDA Church
- Fernande Valme Ministries Inc.
- FREE Food Distribution https://foodfinder.us/ and https://www.foodpantries.org/ plug in your zip code to locate a food pantry

FREE MEALS FOR STUDENTS Department of Education:

Meals will be distributed at more than 400 sites across the city. Three meals a day, including breakfast, will be available to all NYC children. Pick up is available Monday through Friday 7:30 am to 1:30 pm. To find your nearest school, go to https://www.schools.nyc.gov/freemeals.

HOUSING

90-day moratorium on evictions for residential and commercial tenants.

Resources for people who need HRA assistance:

https://a069-access.nyc.gov/accesshra/

-Snap (Food Stamps) -Medicaid -Cash Assistance (CA) -Fair Fares NYC

-Food Pantries

IMMIGRATION

Caribbean Women's Health Association:

Legal/Immigration: Ann Aly – Legal Assistant

The immigration department is providing remote assistance for persons needing to consult with the attorney and persons needing application assistance. *Please call our remote Intake line 516-350-0371 to speak with Ms. Aly and set up an appointment to speak with the attorney*

HIV Services

Caribbean Women's Health Association: HIV Services/Inquiries: Corean Saliard – Coordinator HIV Programs: 718-826-2942x213

DOULA/MATERNAL Health Services

Caribbean Women's Health Association: Abena Amory– Certified Doula: 929-425-4804

WOMEN'S MATERNAL HEALTH REFERRAL AND LINKAGE SERVICES

Caribbean Women's Health Assoc.: Referral Coordinator Lisa Joseph 929-425-4796

COMMUNITY UPDATE WIC Programs: NYC FOOD ACCESS DURING COVID-19 - Free "Grab and Go" meals at local food hubs

Monday-Friday 7:30 AM to 1:30PM For children and families 7:30AM to 11:30 AM For adults 11:30AM to 1:30PM No one will be turned away! No registration, ID, or documentation required. Three meals a day may be picked up at the same time Vegetarian and halal options available

Text "FOOD" to 877-877. To find local hubs near you If you are pregnant, post-partum, breastfeeding or have children under 5yrs old,

Call WIC to apply for free food, nutrition, & breastfeeding services. Offices open 9:00 AM-4:30 PM Monday – Friday

Kings County Hospital WIC (Brooklyn) 718-245-3126 Kings at Church WIC (Brooklyn) 718 282-1702 CSFP Commodity Supplemental Food Program (Brooklyn) 718 498-9208

MENTAL HEALTH

OMH Emotional Support Helpline: 1-844-863-9314

The Emotional Support Line provides free and confidential support, helping callers experiencing increased anxiety due to the coronavirus emergency. The Help Line is staffed by volunteers, including mental health professionals, who have received training in crisis counseling.

UNEMPLOYMENT BENEFITS

https://www.dol.gov/coronavirus/unemployment-insurance

MUTUAL AID/SLACK GROUPS

https://mutualaid.nyc/groups/

EDUCATION:

https://coronavirus.schools.nyc/remotelearningdevices

- For most up to date information from NYC DOE: <u>https://www.schools.nyc.gov/school-life/health-and-wellness/coronavirus-update</u>
- For families that lack the devices or internet to complete remote learning assignments, please fill out and submit this form. This will enable the DOE to prioritize device distribution and inform families of pickup location. https://coronavirus.schools.nyc/RemoteLearningDevices

Resources for Students and Parents

 Parents are urged to access their NYCSA (NYC Schools Account) for information and remote learning guidance, once posted. <u>https://mystudent.nyc</u>

If you have not yet signed up for one, or need instructions, go to - <u>https://www.schools.nyc.gov/docs/default-source/default-document-library/acpolicy-nycsa-parent-flyer-2020</u>

If you don't have your account creation code, reach out to your parent coordinator via email or by calling your school asap. If you do not already have their email address, you may be able to find this information on your schools' website or by going to greatschools.org, entering your school name and number, and clicking on "contact info".

- <u>Personalizable schedule for each student family member</u>. For example, you can input breakfast, lunch, dinner, outside time, online learning time, coloring time, workbook time etc... based on ages and assignments.
- Free Resources for Kids During School Closures via rachaelraymag.com
- NYC Learn at Home: Instructional resources available for every grade level in every subject <u>https://www.schools.nyc.gov/learning/learn-at-home</u>.
- Scholastic Learn at Home: day-by-day projects to keep kids reading, thinking, and growing. <u>https://classroommagazines.scholastic.com/support/learnathome.html</u>
- Parents' Guide to Google Classroom <u>https://drive.google.com/file/d/1uFBoYMjS9vrWSDwq6djRKKIwIReN5vnG/view?fbclid=IwAR3</u> <u>Vyp_RaTrRFup8mK4v0lgXzvjDhxGLa1ivtubYkDMHnpNhkCPe9skKCtM</u>

• Virtual STEM learning with Digital Girl, Inc.

Subscribe to the Digital Girl, Inc. Virtual Learning Portal In this unprecedented time Digital Girl, Inc. is doing our best to support our community. As schools are closed and so many people having to work from home we are preparing to offer virtual STEM learning. Please subscribe to stay tuned for more information on this and other educational resources. Additionally, the information you submit will help us better access your needs.

https://www.digitalgirlinc.org/ https://www.digitalgirlinc.org/dgi-virtual-hangout

- General online learning tools
 - 1. https://www.khanacademy.org/
 - 2. https://ed.ted.com/
 - 3. https://www.funbrain.com/
 - 4. <u>http://whyville.net/smmk/nice</u>
 - 5. <u>https://kids.nationalgeographic.com/</u>
 - 6. https://code.org/learn
 - 7. http://www.amazingeducationalresources.com/
 - 8. ITunesU App
- Tips for talking to your kids about coronavirus:
 - 1. <u>https://www.parkslopeparents.com/Newsflash/coping-</u> <u>coronavirus.html?ceid=8956466&emci=80a3c6d1-5d65-ea11-a94c-</u> 00155d03b5dd&emdi=b7529a39-6165-ea11-a94c-00155d03b5dd
 - 2. <u>https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource</u>
 - 3. <u>https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus?fbclid=IwAR3gxe3FNpnyDo-09okyvaJAu5MM-6GZQf8ZvzqNG4M8OOTrqLBufrSa8Aw</u>
 - 4. <u>https://drive.google.com/file/d/1LkuklpziHohLXWFShopnFI9y7_5Cv2db/view?usp=sharing</u>
- Brooklyn Public Library online resources: <u>https://www.bklynlibrary.org</u> including <u>Virtual Story Time</u>.
- NY Public Library also has resources: <u>20150 Online NY Library Resources One-Pager_031920v3 (1).pdf</u>
- Free books online <u>https://readanybook.com/ebook/the-guests-on-south-battery-765585</u> <u>http://www.gutenberg.org</u> <u>https://archive.org</u>
- Families with students who do not have internet access can call 1-844-488-8398 for free internet from Spectrum.
- Free Assistive Technology Training and Support for Individuals <u>https://drive.google.com/open?id=1E4X-N6MNV4eOOc0JbzXA3r5BdjWVDhKx</u>

- Union Square Play is offering free online activities and content for toddlers: <u>https://unionsquareplay.com/</u>
- A fun movement music playlist for preschoolers

Free virtual Art, Crafts and Film resources for teens, tweens

- Brooklyn Public Library Free Animated Film Series: <u>https://www.bklynlibrary.org/calendar/new-york-international-virtual-20200430</u>
- Michael's: pre recorded craft classes: <u>https://www.michaelskids.com/onlineclasses#curated_tours_list_name=Michaels_Online_Natio_nal_Classes</u>
- The Museum of Chinese America has free virtual art classes: <u>http://www.mocanyc.org/families/mocacreate</u>
- Free Online Resources for beginning Metal Work: <u>https://www.skillshare.com/browse/metalwork</u>
- Online Art and Craft Classes at Joanne Fabrics: <u>https://www.creativebug.com/classseries/50-more-classes-to-feel-good-about?utm_medium=web&utm_source=joann&utm_campaign=50free</u>

FINANCIAL RELIEF AND LOANS

- IRS.gov has info about stimulus checks, but the website has been overwhelmed, so be patient.
 Via AARP: <u>Social Security Recipients to Get Stimulus Checks, No Tax Return Needed</u>
- Resources for people who need HRA assistance: <u>ACCESS HRA</u>
- NYC Grants and loans for businesses:
 https://www1.nyc.gov/site/sbs/businesses/covid19-business-outreach.page
- Top Three Small Business Lenders in Brooklyn <u>https://docs.google.com/document/d/1GTicp_hyouxyXfl86RYS6QJk9jzl6gaXqofhNkX-</u> <u>VKY/edit?usp=sharing</u>
- Tax Department response to novel coronavirus (COVID-19) Tax Department response to novel coronavirus (COVID-19)
- Coronavirus Financial Impact Loan Program

The Coronavirus Financial Impact Loan Program provides interest-free loans of \$2,000-\$5,000 to residents of New York City's five boroughs, Westchester, or Long Island who are facing financial challenges caused by the Coronavirus outbreak: <u>https://hfls.org/loan-programs/coronavirusfinancialimpactloan/</u>

• NYC Paid Sick Leave Policy:

https://www1.nyc.gov/site/dca/about/paid-sick-leave-FAQs.page

Unemployment insurance:

NYS is waiving the 7-day waiting period for Unemployment Insurance benefits for people who are out of work due to Coronavirus (COVID-19) closures or quarantines. https://labor.ny.gov/unemploymentassistance.shtm

- **Debt**: The Governor and Attorney General have suspended debt collection. NYers with student debt, medical debt & other state-referred debt will have payments frozen for at least 30 days.
- **Price Gouging:** DCWP has declared face masks, hand sanitizer, and disinfectant wipes temporarily in short supply. This means stores cannot excessively increase the price they charge you for these items during the shortage due to the new coronavirus (COVID-19). Be sure to compare prices when shopping. The City's declaration took effect in March. If you think a store excessively increased the price of these items beginning in March, file a complaint online or call 311 and say "Overcharge." https://ag.ny.gov/price-gouging-complaint-form.
- Banks offering relief to customers: <u>https://www.forbes.com/sites/advisor/2020/03/12/list-of-banks-offering-relief-to-customers-affected-by-coronavirus/#162630443ee3</u>
- Wells Fargo info on avoiding scams: <u>Phishing Email and Text Scams</u>
- NYS has directed that mortgage payments be WAIVED for 90 days based on financial hardship with no late fees & no negative impact on credit.
- Many are dealing with the financial strain of coronavirus response and experiencing food insecurity. To apply for SNAP: <u>https://www1.nyc.gov/site/hra/help/snap-benefits-food-program.page</u>
- **Taxes**: NY State tax day will be moved to July 15 in accordance with federal tax day.
- Help for ConEd Customers Affected by Coronavirus and Safety Guidelines

ANTI-VIOLENCE 24 hour support: DOMESTIC/SEXUAL VIOLENCE

Safe Horizon Rape Crisis/Sexual Abuse 212-227-3000 TDD: 866-604-5350

Safe Horizon Domestic Violence 800-621-4673 TDD: 866-604-5350 New York City Police Department Special Victims Division 646-610-7272 New York City Police Department Special Victims Report Line 212-267-7273 NYC Gay and Lesbian Anti-Violence Project 212-714-1141

National Sexual Assault Hotline 800-656-HOPE (4763) National Domestic Violence Hotline 800-799-7233 TDD: 1-800-787-3244